

# V-FORM® Full-Body Harness



## Superior Comfort



The patent-pending RaceFORM™ buckle allows for a close, comfortable harness fit —eliminating the need for bulky chest straps or cumbersome buckles.

## Increased Flexibility



The RaceFORM buckle creates an athletic cut, contouring the harness to the body and improving upper torso movement on the job.

## Adjustability



Pull-down adjustment allows you to quickly and easily get the right fit that lasts throughout the work day.



## Now Available

*V-FORM with Quick-Connect Racing-Style Chest Buckle. See page 4 for ordering information.*

WE KNOW WHAT'S AT STAKE.

# V-FORM Full-Body Harness



V-FORM Standard Harness with Quik-Fit™ buckles  
(P/N 10196642)



V-FORM Construction Harness  
(P/N 10197364)



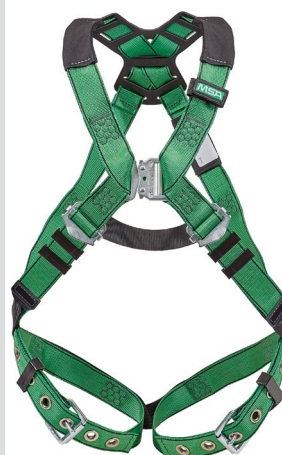
V-FORM Standard Harness with tongue buckles  
(P/N 10196642)



V-FORM Harness with front D-ring  
(P/N 10197207)



V-FORM Standard Harness with stainless steel hardware  
(P/N 10197234)



V-FORM Harness with Quick-Connect Racing-Style Buckle  
(P/N 10206058)

## V-FORM Harness Ordering Information

Part Number	D-Ring Configuration					Size (See chart on page 5.)				Leg Buckle Type		Padding	Standards
	Back	Back, Hips	Back, Chest*	Back, Chest*, Hips	Back, Shoulders	XSM	STD	XLG	SXL	Tongue Buckle	Qwik-Fit	None	ANSI Z359.11/ CSA Z259.10/ OSHA
10197195	■					■					■	■	■
10197196	■						■				■	■	■
10197197	■							■			■	■	■
10197198	■								■		■	■	■
10197199		■				■					■	■	■
10197200		■					■				■	■	■
10197231		■						■			■	■	■
10197232		■							■		■	■	■
10196702	■					■				■		■	■
10196642	■						■			■		■	■
10197160	■							■		■		■	■
10197201	■								■	■		■	■
10197214		■				■				■		■	■
10197215		■					■			■		■	■
10197216		■						■		■		■	■
10197217		■							■	■		■	■
10197202			■			■				■		■	■
10197203			■				■			■		■	■
10197204			■					■		■		■	■
10197205			■						■	■		■	■
10197206				■		■				■		■	■
10197207				■			■			■		■	■
10197208				■				■		■		■	■
10197209				■					■	■		■	■
10197218					■	■				■		■	■
10197219					■		■			■		■	■
10197220					■			■		■		■	■
10197221					■				■	■		■	■

\* V-FORM harnesses in chest D-ring configurations come with standard quick-fit chest connection, and not RaceFORM buckle. See image on previous page of front D-ring variant.

## V-FORM Construction Harness Ordering Information

Part Number	D-Ring Configuration	Size (See chart on page 5.)				Leg Buckle Type	Padding	Standards
	Back, Hips	XSM	STD	XLG	SXL	Tongue Buckle	Shoulder	ANSI Z359.11/ CSA Z259.10/OSHA
10197363	■	■				■	■	■
10197364	■		■			■	■	■
10197365	■			■		■	■	■
10197366	■				■	■	■	■

# V-FORM Full-Body Harness

## V-FORM Harness with Quick-Connect Racing-Style Buckle Ordering Information

Part Number	D-Ring Configuration						Size (See chart on page 4.)				Leg Buckle Type		Padding	Standards
	Back	Back with D-Ring Extender	Back, Chest	Back, Chest, Hips	Back, Shoulders	Back, Hips	XSM	STD	XLG	SXL	Tongue Buckle	Qwik-Fit	None	ANSI Z359.11/ CSA Z259.10/ OSHA
10206057	■						■				■		■	■
10206058	■							■			■		■	■
10206059	■								■		■		■	■
10206060	■									■	■		■	■
10206065			■				■				■		■	■
10206066			■					■			■		■	■
10206067			■						■		■		■	■
10206068			■							■	■		■	■
10206069				■			■				■		■	■
10206070				■				■			■		■	■
10206071				■					■		■		■	■
10206072				■						■	■		■	■
10208256					■		■				■		■	■
10208257					■			■			■		■	■
10208258					■				■		■		■	■
10208259					■					■	■		■	■
10206061						■	■				■		■	■
10206062						■		■			■		■	■
10206063						■			■		■		■	■
10206064						■				■	■		■	■
10207679	■						■					■	■	■
10207680	■							■				■	■	■
10207731	■								■			■	■	■
10207732	■									■		■	■	■
10208260						■	■					■	■	■
10208271						■		■				■	■	■
10208272						■			■			■	■	■
10208273						■				■		■	■	■
10208274		■					■				■		■	■
10208275		■						■			■		■	■
10208276		■							■		■		■	■
10208277		■								■	■		■	■

## V-FORM Construction Harness with Quick-Connect Racing-Style Buckle Ordering Information

Part Number	D-Ring Configuration	Size (See chart on page 5.)				Leg Buckle Type	Padding	Standards
	Back, Hips	XSM	STD	XLG	SXL	Tongue Buckle	Shoulder	ANSI Z359.11/ CSA Z259.10/OSHA
10207733	■	■				■	■	■
10207734	■		■			■	■	■
10207735	■			■		■	■	■
10207736	■				■	■	■	■

## V-FORM Harness with Stainless Steel Hardware Ordering Information

Part Number	D-Ring Configuration					Size (See chart below.)				Leg Buckle Type		Padding	Standards
	Back	Back, Hips	Back, Chest*	Back, Chest*, Hips	Back, Shoulders	XSM	STD	XLG	SXL	Tongue Buckle	Qwik-Fit	None	ANSI Z359.11/ CSA Z259.10/ OSHA
10197233	■					■					■	■	■
10197234	■						■				■	■	■
10197235	■							■			■	■	■
10197236	■								■		■	■	■
10197237	■					■				■		■	■
10197238	■						■			■		■	■
10197239	■							■		■		■	■
10197240	■								■	■		■	■

\* V-FORM harnesses in chest D-ring configurations come with standard quick-fit chest connection, and not RaceFORM buckle. See image on previous page of front D-ring variant.

## Harness Size Chart

ft. (m)	110 (50)	130 (59)	150 (68)	170 (77)	190 (86)	210 (95)	230 (105)	250 (114)	270 (123)	290 (132)	310 (141)	330 (150)	400 (181)
6'-6" (2.0)													
6'-4" (1.9)													
6'-2" (1.9)										<b>SX-LARGE</b>			
6'-0" (1.8)						<b>X-LARGE</b>							
5'-10" (1.8)						<b>STANDARD</b>							
5'-8" (1.7)	<b>SMALL/ X SMALL</b>												
5'-6" (1.7)	<b>SMALL/ X SMALL</b>												
5'-4" (1.6)	<b>SMALL/ X SMALL</b>												
5'-2" (1.6)	<b>SMALL/ X SMALL</b>												
5'-0" (1.5)	<b>SMALL/ X SMALL</b>												

Note: This Bulletin contains only a general description of the products shown. While product uses and performance capabilities are generally described, the products shall not, under any circumstances, be used by untrained or unqualified individuals. The products shall not be used until the product instructions/user manual, which contains detailed information concerning the proper use and care of the products, including any warnings or cautions, have been thoroughly read and understood. Specifications are subject to change without prior notice. MSA is a registered trademark of MSA Technology, LLC in the US, Europe, and other Countries. For all other trademarks visit <https://us.msasafety.com/Trademarks>.

MSA operates in over 40 countries worldwide. To find an MSA office near you, please visit [MSAsafety.com/offices](https://us.msasafety.com/offices).